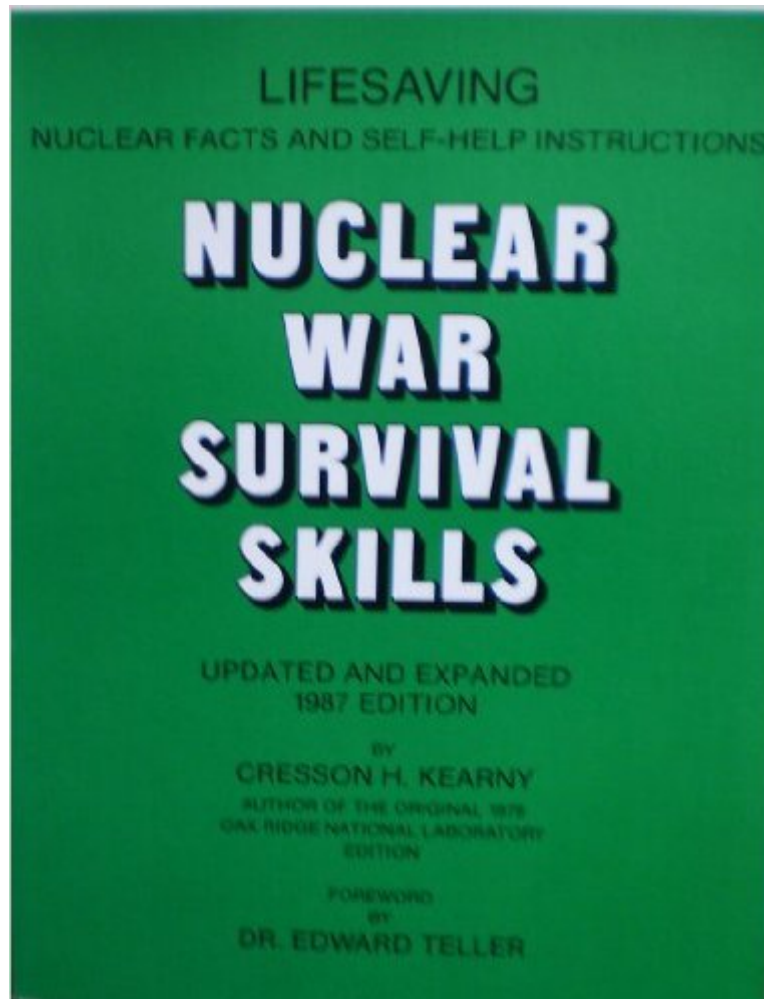


The book was found

Nuclear War Survival Skills: Updated And Expanded 1987 Edition



Synopsis

Lifesaving nuclear facts and self-help instructions.

Book Information

Paperback: 282 pages

Publisher: Oregon Inst Science & Medicine (May 1, 1999)

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Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (38 customer reviews)

Best Sellers Rank: #148,359 in Books (See Top 100 in Books) #6 in [Books > Medical Books > Medicine > Internal Medicine > Radiology > Nuclear Medicine](#) #44 in [Books > Engineering & Transportation > Engineering > Military Technology](#) #70 in [Books > Textbooks > Social Sciences > Military Sciences](#)

Customer Reviews

There are a number of do-it-yourself guides to civil defense available, but most seem to be aimed at hard-core survivalists who have crack outdoor skills, and lots of specialized equipment. This book is very different and is written for the average citizen by a former U.S. Army officer, field geologist and civil engineer who built and field-tested the "expedient" shelters described within while still employed at the U.S. Department of Energy's Oak Ridge National Laboratory. These shelters can be put together within a few hours by ordinary, untrained men and women. (It is a good idea to take a weekend and practice building them.) They provide good protection during the weeks it may take for fallout to decay to negligible levels of radioactivity. (Expedient blast shelters, which also protect against the shockwave from a nearby explosion, are also discussed.) The author is clear and thorough throughout, supplying checklists for supplies, equipment and materials; detailed building instructions and descriptions of the genuine (as opposed to fanciful) effects of nuclear weapons. There is also a valuable discussion of the purchase and use of potassium iodide compounds for protection of the thyroid gland from absorption of radioiodine. Finally, detailed plans and instructions are provided for the construction and use of a homemade fallout meter(!) to indicate radiation levels. (It is a lot more accurate than many of the over-priced, defective-or-uncalibrated war-surplus "Geiger counters" on the market!) The 2001 edition contains a new chapter on the hazards of

trans-Pacific fallout, which could drift eastward to the U.S. mainland from a nuclear conflict in Asia. (Such as India vs. Pakistan, or a North Korean nuclear attack on the South or Japan.

The bomb! This is a government sponsored field manual that tells individuals how to prepare for and how to survive "the bomb". And as preparedness books, and Government manuals go - this book is the BOMB! Many books on survival and preparedness are shallow, poorly researched and untested, fear mongering or written with a social or political bend. Or the advice of the book amounts to - "Sit tight, take notes, wait for government officials, they will save you". This book is none of those things. It was written by Cresson Kearny - a Rhodes scholar who was working as a research engineer at the Oak Ridge National Laboratory at the time that he was asked to write this book. His other qualifications include (but are not limited to!) serving in WWII - where he worked on testing and improving jungle combat gear for US soldiers. As a demolition specialist in China (during a portion of the Japanese invasion). He was re-recruited by the US military for combat gear improvement for US soldiers in Vietnam. He also traveled the world trading knowledge with other countries on protecting civilians from the effects of a nuclear war. Etc, etc. Mr. Kearny has thoroughly researched and thought through the most likely scenarios (most relevant at the time that he wrote this book) and gives step-by-step solutions on how to deal with each problem. His solutions are simple, tested and can be implemented by almost all individuals. He advocates looking out for yourself, and gives advice on how to do so. Although this book was specifically written to address a massive nuclear war with Russia - the knowledge and approaches in this book can be applied to all disaster scenarios. Some of the things he covers:-Facts and myths about nuclear bombs.

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